

# Flourish

## Live Retreat Series



F O U R M O O N S

## SCHEDULE

### September 8-9, 2018 RETREAT WEEKEND

<b>Saturday</b>	<b>September 8</b>	<b>10:00am – 5:00pm</b>	<b>FULL DAY</b>
		10:00am – 12:00pm	Morning Session
		12:00pm-1:00pm	Lunch
		1:00pm – 3:00pm	Rest/Rejuvenate/Spa
		3:00pm-5:00pm	Afternoon Session
<b>Sunday</b>	<b>September 9</b>	<b>10:00am - 5:00pm</b>	<b>FULL DAY</b>
		10:00am – 12:00pm	Morning Session
		12:00 – 1:00pm	Lunch
		1:00 – 3:00pm	Rest/Rejuvenate/Spa
		3:00pm – 5:00pm	Afternoon Session

The Flourish Live Retreat begins on **Saturday September 8th, 2018 at 10:00am.**

Please arrive 10-20 minutes early to get settled, as we will start right on time.

**Address:** Four Moons Spa, 775 N Vulcan Ave, Encinitas, CA 92024.

With Love, Excitement and an Open Heart,

For all program related support, please email [flourish@katiebrauer.com](mailto:flourish@katiebrauer.com)